



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## **Mason City Family YMCA Re-Opening: Details and Information**

### **Opening Monday, May 11**

Monday-Friday: 6:00 a.m. - 7:00 p.m.

Saturday: 8:00 a.m. - 5:00 p.m.

Sunday: CLOSED

### **Access only for Members.**

Must be 16 years or older, or accompanied by and with a guardian entire time at the Y.  
(all must be members)

### **What Will Be Open and Available?**

First off, I understand that each of us have been effected differently during this (ongoing) COVID-19 pandemic. And I'm sure each of us have a different perspective of what is the right decision and what is the wrong decision in opening up the Iowa economy as well as the YMCA. For some, opening the YMCA is the most exciting thing to happen while for others this may incite doubt or frustrations. As a community organization for all, we want all those coming into the Y to feel welcomed.

Secondly, we desire everyone to feel welcome and safe at the Y. We will be increasing our sanitation practices as well as ensuring our staff is healthy. We ask, if you choose to visit the Y, you do your part in keeping us a safe harbor, both physically and mentally for all who come to the Y. Please cooperate with our staff as they will be taking your temperatures, updating your membership unit and requiring check-in when you arrive. Additionally, please refrain from any disrespectful talk of national or local leaders, of comments made on social media, or of others' actions you may or may not agree with. When you come to the Mason City Family YMCA, you are contributing for a better us.

Thirdly, as with anything during this COVID-19 environment... plans may have to change. The Mason City Family YMCA has been in talks with the Iowa YMCA Alliance and with Cerro Gordo County Public Health in plans for re-opening. We will continue to update the plan as best as we can and adapt when necessary to ensure a safe environment for both member and staff.

Lastly, the Mason City Family YMCA has adopted a 5-Level System during re-opening (found at bottom of this email). And will be adopting guidance from our local and state leaders. Those restrictions mandated: 1) limiting the number of customers (members) present to 50% of capacity. 2) ensure all equipment are spaced six feet apart or take

other appropriate measures. 3) group activities must be limited to 10 or fewer people and maintain a distance of six feet apart and 4) implementation of social distancing, hygiene and public health measures to reduce the risk of transmission.

- **Fitness Floor**- open and will have limited people. The Y will be keeping cardio machines spaced apart, provide sanitizing wipes and the area will be monitored by staff. Check-in will be required upon entrance to the fitness floor.
- **Fitness Track**-limited people and we are asking for healthy distancing rules to be applied.
- **Gymnasium**-members must bring own ball and no pick-up games will be allowed. One or more courts may be regulated as group exercise classes.
- **Racquetball Courts**-limit of 2 people in a court, must bring own equipment.
- **Group Exercise**- class size is limited to instructor + 9 participants and reservations will be required when classes are determined.
- **Family Changing Corridor & Staff Locker Rooms OPEN**- Men's, Women's, Boy's, and Girl's Locker Rooms will be closed as well as the sauna and steam rooms. Members will have access to items stored in the Men's and Women's locker rooms.
- **Aquatic Center**- closed until the governor allows pools to re-open.
- **Child Watch**- closed.

The YMCA will be open for MEMBERS ONLY. New memberships may be started, but there will be no day passes, no guest passes, no 30 day memberships and no Nationwide Membership. This is an Iowa YMCA Alliance decision. There will be no exceptions.

## Ongoing Plan for Social Distancing and Sanitizing

### ***What to expect when coming to the Y***

As each week presents itself, the Mason City Family YMCA in collaboration with other organizations will be assessing what proper level to implement within the YMCA. Starting May 11, the Y will be changing to Level 4. During these changes, you can expect to have your temperature taken at the door. All members will be checking in with the Front Desk and maintaining strict social distancing.

- **LEVEL 5**-YMCA Facilities are closed and all Programs are suspended. (current level)
- **LEVEL 4**-YMCA Facilities are Open and Programs are able to operate under **STRICT Social Distancing Practices and Sanitizing Protocols. (May 11, 2020 enter this level.)**
- **LEVEL 3**-YMCA Facilities are Open and Programs are able to operate under MODERATE Social Distancing Practices and Sanitizing Protocols.
- **LEVEL 2**-YMCA Facilities are Open and Programs are able to operate under LIMITED Social Distancing Practices and Sanitizing Protocols.
- **LEVEL 1**-YMCA Facilities are Open and Programs are able to operate with NO Social Distancing Practices and USUAL Sanitizing Protocols.

Within each of these Levels, the Y is considering: Hours of Operation, Amenities Open & Closed, Organized Youth & Adult Activities, Staffing, Training and Personal Protective Equipment Requirements, Member Access, Sanitizing Protocols, and Exposure Protocols.

We are very excited to bring back so many familiar smiles and stories. And look forward to being a part of the greater community at the Y. Stay safe!

[Heath Hupke](#), CEO