

MASON CITY FAMILY YMCA

LAP POOL SCHEDULE

JANUARY 9th-FEBRUARY 18th, 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Open Lap Swim (6) 5:00-8:00 am	Open Lap Swim (6) 5:00-8:00 am	Open Lap Swim (6) 5:00-8:00 am	Open Lap Swim (6) 5:00-8:00 am	Open Lap Swim (6) 5:00-8:00 am	
	Open Lap Swim (6) Aquatoning 8:00-8:45 am	Open Lap Swim (3) Open Rec Swim (3) 8:00-9:30 am	Open Lap Swim(3) Aquatoning 8:00-8:45 am	Open Lap Swim (3) Open Rec Swim (3) 8:00-9:30 am	Open Lap Swim (3) Aquatoning 8:00-8:45 am	
	Open Lap Swim (2) Wet-n-Wild 9:00-9:45 am	Open Lap Swim (3) Senior Fitness Water Class 9:30-10:30 am	Open Lap Swim(2) Wet-n-Wild 9:00-9:45 am	Open Lap Swim (3) Senior Fitness Water Class 9:30-10:30 am	Open Lap Swim(2) Wet-n-Wild 9:00-9:45 am	Open Lap Swim (3) Masters Swim (3) 7:00-9:00 am
	Open Lap Swim (3) Open Rec Swim (3) 9:45-11:00 am	Open Lap Swim (3) Open Rec Swim(3) 10:30 am-5:15 pm	Open Lap Swim (3) Open Rec.Swim (3) 9:45-11:00 am	Open Lap Swim(3) Open Rec Swim (3) 10:30 am-5:15 pm	Open Lap Swim(3) Adult Swim class 9:45-10:30 am	Open Lap Swim (3) Youth Swim lesson 9:45-11:45 am
Open Lap (3) Open Rec Swim (3) 1:00-5:30 pm	Open Lap Swim (3) Aqua Aerobic 2:00-3:30 pm		Open Lap Swim (3) Aqua Aerobic 2:00-3:30 pm		Open Lap Swim(3) Aqua Aerobic 2:00-3:30 pm	Open Lap Swim (3) Open Rec Swim(3) 10:30 am-2:00 pm
	Open Lap Swim (3) Open Rec Swim (3) 3:30-4:00 pm	Intro To Swim Club using (1) lap lane 4:15-5:15 pm	Open Lap Swim(3) Open Rec Swim (3) 3:30-4:00 pm	Open Lap Swim(3) Open Rec Swim (3) 3:30-4:30 pm		
	Swim lesson 4-5 pm		Swim lesson 4-5 pm			
	Open Lap Swim (3) Wet-n-Wild 5:15-6:15 pm	Open Lap Swim (3) Wet-n-Wild 5:15-6:15 pm	Open Lap Swim(3) Wet-n-Wild 5:15-6:15 pm	Open Lap Swim (3) Wet-n-Wild 5:15-6:15 pm	Open Lap Swim (3) Open Rec Swim (3) 3:30-4:30 pm	
	Open Lap Swim(3) Youth Swim lessons 6:30-8:00 pm	Open Lap Swim (3) Open Rec Swim (3) 6:15-8:30	Open Lap Swim (3) Youth Swim lessons 6:30-8:00 pm	Open Lap Swim(3) Aqua Shrimps 6:15-6:45 pm		
	Open Lap Swim (3) Open Rec Swim (3) 8:00-8:30 pm		Open Lap Swim (3) Open Rec Swim (3) 8:00-8:30 pm	Open Lap Swim (3) Open Rec Swim (3) 6:45-8:30 pm		



****Note: The number in the parentheses is the available number of open lap lanes.****

****Pool schedule is subject to change due to program needs.****

****NO OPEN SWIM DURING SHADED TIMES****